

DODGELAND ELEMENTARY NEWSLETTER

JANUARY
2025



What's New?!

NEW OFFICE STAFF

As some of you have noticed Mrs. Pieper has not been in the front office the last few weeks. She has switched over to our Student Development Center. We have had an overwhelming number of applications for this position, and after careful review, we are thrilled to announce that we have selected a new Elementary Administrative Assistant.

Let us introduce:
Miss Patti!!

Please help us
welcome her to the
Dodgeland Family!



Reminders

It's getting colder out. Please make sure your students have appropriate attire for the weather. If you need assistance with this please reach out to Mrs. Huelsman. We have a limited supply of extra coats, hats, gloves, and snow pants for students in need.

Semester 1 report cards will be coming out electronically on 1/29/2025.

Upcoming Events

- Early Release Day: January 15th
- End of Semester: January 22nd
- Report Cards Sent out Electronically: January 29th

Recess Information

As the year moves on, the weather is getting colder by the day. Recent studies have shown that if the weather (including the wind chill) is below 13 degrees Fahrenheit that it is too cold for children to be outside for an extended period of time.

We are always checking in to make sure the weather is safe for our students to go out for recess. When it is too cold, we switch to offer an indoor recess for our students.

Lunch/Breakfast Menu

Click Here for [Lunch Menu](#)

Click Here for [Breakfast Menu](#)

Contact Info

Email: huelsman@dodgeland.k12.wi.us

Phone: 920.386.4404 ext 1013



A Message from the Principal

SUPPORTING YOUR STUDENT AS THE SEMESTER WINDS DOWN

Happy New Year! (Well, almost!) As we welcome 2025, I want to remind you that the end of the semester is quickly approaching. Your support is key in helping your student finish strong.

THE IMPORTANCE OF ATTENDANCE

As we move into the second half of the academic year, regular attendance is more important than ever. Attending school consistently is crucial for academic success, as it allows students to:

- **Stay Engaged:** Being present in class ensures students are fully engaged in lessons, discussions, and hands-on activities that deepen their understanding of course material.
- **Avoid Falling Behind:** Missing class means missing valuable instruction and assignments, which can affect academic performance. Staying consistent with attendance helps students keep up with coursework.
- **Build Strong Relationships:** Regular attendance allows students to connect with peers and teachers, fostering a more supportive and collaborative learning environment.



Your support plays a crucial role in your student's success. Encouraging regular attendance, helping them stay on top of their work, and offering a listening ear during stressful moments can make all the difference.

Thank you for being an essential part of your student's academic journey. We wish you and your family all the best for the winter break.

Mrs. Huelsman

Note from our Special Ed Director

Our district will be participating in the Family Engagement Survey in late January/early February 2025. All families with children ages 3-17 who receive special education services through an IEP will be invited to complete the survey online.

The survey link will be sent to you via email early in 2025. We encourage you to participate and share your experiences and perspectives. Your feedback will help us strengthen our partnership with families and improve the services we provide to children with special needs.

If you have any questions, please feel free to contact me and thank you for your participation!

Jen Johnson
Special Education Director
920-386-4404 ext 1005



Harvest of the Month



CHOW DOWN ON CABBAGE



#WIHarvestoftheMonth

FOOD WISE
Healthy choices. Healthy lives.



yum!

Cabbage is the Harvest of the Month!

Add cabbage to your favorite family meals:

- Add cabbage to your favorite veggie soup, stew, or stir fry.
- Use cabbage leaves as a tortilla or wrap.
- Add raw cabbage to salad.

Make meals and memories together. It's a lesson kids will use for life.



- Select** – Choose cabbage heads with compact leaves.
- Store** – Tightly wrap in plastic and refrigerate for up to 7 days.
- Prepare** – Carefully run a small knife around the core to remove it. Slice or chop the leaves.

Did you know?
Green and red cabbage are the most common, but other types of cabbage include Napa (Chinese cabbage) and Savoy.



Nutritious, Delicious, Wisconsin!
#WIHarvestoftheMonth

This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. The University of Wisconsin-Madison Division of Extension is an EEO/AA institution committed to diversity among its employees and in its programs.



FAMILY FUN CABBAGE EXPLORATION

- Kids observe the cabbage whole
- An adult cuts the cabbage lengthwise to show the center "tree"
- Peel each layer of cabbage leaves off one by one
- How does the tree change?

FOOD WISE



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You Should Definitely be Eating Breakfast!

How does school breakfast help families?



Fuels learning Kids and teens can concentrate on their schoolwork better when they're not hungry. Studies show that kids do better in school when they eat breakfast.



Provides better nutrition Studies show that people who eat breakfast have higher intakes of dietary fiber, B vitamins, calcium, iron, and other nutrients.



Saves time School breakfast can simplify mornings for families by offering kids and teens healthy options that fit into their schedule.

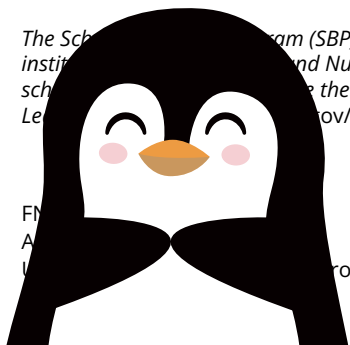
How can families help their child eat a healthy breakfast?

- Read the menu with your child to make sure your student knows about all the foods that are included in their school breakfast.
- Find out how your parent organization can work with school nutrition professionals to promote breakfast options at your school, such as Breakfast in the Classroom.



Visit ChooseMyPlate.gov/Families for additional tips and activities for families.

The School Breakfast Program (SBP) provides cash assistance to States to operate nonprofit breakfast programs in schools and residential child care institutions. The Department of Agriculture and Nutrition Service administers the SBP at the Federal level. State agencies administer the SBP at the State level, and local schools administer the Program in schools. Learn more at www.choosemyplate.gov/sbp/school-breakfast-program-sbp.



FN
A
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provider and employer.



Do you have good sleep hygiene?

zzz



HEALTHY SLEEP HYGIENE IN KIDS

RESEARCH SHOWS THAT ALMOST A THIRD OF CHILDREN AND TEENAGERS AREN'T GETTING ENOUGH SLEEP EACH NIGHT. Those that are getting enough sleep may not be getting quality sleep and the negative implications of poor sleep may impact other areas of their lives. For example, too little sleep is associated with excess body weight, lower academic achievement, and shorter attention span.

SO WHAT CAN YOU DO? That's where sleep hygiene comes in. Sleep hygiene describes the habits and practices that are conducive to sleeping well on a regular basis. Below are tips to help give children and teens the good quality rest they need.



GO TO BED AND WAKE UP AT THE SAME TIME everyday (even on the weekends)



DON'T GO TO BED FEELING HUNGRY, but also don't eat a heavy meal right before bed



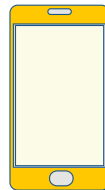
AVOID CAFFEINE CONSUMPTION (e.g., coffee, soft drinks, chocolate) starting in the late afternoon.



DEVELOP A RELAXING ROUTINE before bedtime – ideas include bathing, music, and reading.



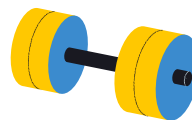
EXPOSE YOURSELF TO BRIGHT LIGHT IN THE MORNING sunlight helps the biological clock to reset itself each day.



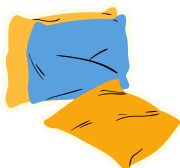
RESERVE YOUR BEDROOM FOR SLEEPING ONLY keep cell phones, computers, televisions, and video games out of your bedroom



MAKE SURE YOUR BEDROOM IS CONDUCTIVE TO SLEEP it should be dark, quiet, comfortable, and cool



EXERCISE REGULARLY DURING THE DAY



SLEEP ON A COMFORTABLE MATTRESS AND PILLOW



DON'T HAVE PETS IN YOUR BEDROOM

Math Tip of the Month

Beyond the Correct Answer: Mathematical Practices and Why They Are Important

Math. It's not ONLY about finding the correct answer. It's also about critical thinking, problem solving, and understanding math concepts that go beyond memorizing facts, steps, and formulas. It's about being able to apply those math skills to help tackle mathematical problems in everyday life. It's about answering the question, "Why do I need to learn this?!"

Successful mathematicians (critical thinkers and problem solvers) have certain behaviors and habits as described in Wisconsin Standards for Mathematical Practices for K-12. With the development of these practices, students become doers and reasoners of math instead of simple calculators of sums and differences.

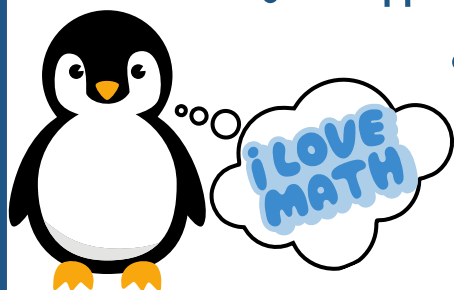
According to these standards, successful mathematicians:

1. Identify a problem and look for ways to solve it without giving up, learning from their mistakes along the way.
2. Understand what the numbers, pictures, words, and symbols mean in their work.
3. Explain their thinking to others and listen to make sense of other's ideas, respectfully questioning and appreciating the work of others.
4. Apply math skills to solve problems in everyday life, reflecting on the whether the solution makes sense.
5. Know how and when to use math tools appropriate for their grade level to explore and deepen their understanding.
6. Build, model, write, and talk carefully and clearly as they discuss their reasoning with others.
7. Look for helpful patterns and how things in math go together.
8. Notice things that happen again and again and use those big ideas to flexibly and efficiently solve problems.

Talk to your budding mathematicians. What do they notice? What do they wonder?

How or why do they think their answer is reasonable? Why did they choose to solve the problem in that way? Share your thinking with them too. What is the reasoning to support your solution? You may find your math proficiency

developing right along with theirs!



HAPPY
HOLIDAYS

JANUARY



Dodgeland Elementary School

Monday

Tuesday

Wednesday

Thursday

Friday

<p>NO SCHOOL Winter Break</p>		<p>1 Happy New Year!</p> 	<p>2 Welcome Back</p> 	<p>3 Purple Pride Day</p> 
<p>6 2nd Grade field trip to Milwaukee Public Museum</p>		<p>8 Workout Wednesday</p> 		<p>10 Purple Pride Day</p> 
<p>13</p>	<p>14 Badger Day! Wear your Badger attire</p> 	<p>15 Students Early Release Day- Lunch Served Elementary Dismissal Time 12:20 pm Workout Wednesday</p> 	<p>16</p>	<p>17 Purple Pride Day</p> 
<p>20 National Penguin Day Wear your cozy winter pajamas</p> 		<p>22 End of Semester NHS Blood Drive - MS Gym Workout Wednesday</p> 	<p>23 4th, 5th, 6th Field trip to WI Herd Game</p> 	<p>24 Purple Pride Day</p> 
<p>27</p>		<p>29 Report cards sent out electronically</p>  <p>Workout Wednesday</p> 	<p>30</p>	<p>31 Purple Pride Day</p> 